

Pool Schedule

JULY - AUGUST 20

Times	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
6:15	OPEN SWIM 6:15-11:00	OPEN SWIM 6:15-9:00	OPEN SWIM 6:15-11:00	OPEN SWIM 6:15-9:00	OPEN SWIM 6:15-1:45	OPEN SWIM 7:15-2:45	YMCA CLOSED				
6:30											
7:00											
7:30											
8:00											
8:30											
9:00											
9:30								2 LAP LANES	BBW 9:15 - 10:00	2 LAP LANES	BBW 9:15 - 10:00
10:00								OPEN SWIM 10:00-11:00	OPEN SWIM 10:00-11:00		
10:30											
11:00	Silver Splash* 11:15 - 12:15	Silver Splash* 11:15-12:15	Silver Splash* 11:15 - 12:15	Silver Splash* 11:15-12:15							
11:30											
12:00	OPEN SWIM 12:15-1:45	OPEN SWIM 12:15-1:45	OPEN SWIM 12:15 - 1:45	OPEN SWIM 12:15-1:45							
12:30											
1:00											
1:30											
2:00	Pool Closed 1:45-4:00	Pool Closed 1:45-3:00	Pool Closed 1:45-3:00	Pool Closed 1:45-3:00	Pool Closed 1:45-4:00						
2:30											
3:00											
3:30											
4:00	OPEN SWIM 4:00-4:45	OPEN SWIM 3:00-4:45	OPEN SWIM 3:00-5:00	OPEN SWIM 3:00-5:00	OPEN SWIM 4:00-6:00						
4:30											
5:00	Lessons 5:00-5:30	Lessons 5:00-5:30	OPEN SWIM 5:15*-7:00	OPEN SWIM 5:15*-7:00							
5:30	Lessons 5:40-6:10	Lessons 5:40-6:10									
5:40	Lessons 6:15-7:00	Lessons 6:15-7:00									
6:00											
6:10	Open Swim 7:00-8:45	OPEN SWIM 7:00 - 8:45	OPEN SWIM 7:15*-8:45	OPEN SWIM 7:15*-8:45	OPEN SWIM 6:15*-7:45	YMCA CLOSING @ 4:00					
6:15											
7:00											
7:30											
8:00											
8:30											
8:45											

*PLEASE NOTE: THERE IS NO OPEN SWIM DURING SWIM LESSONS

OPEN SWIM - 2 lanes will be reserved for recreational use / exercise and 4 lanes for lap swimming
 * Silver Splash - Limited to 24 Participants. Must Register at front desk or online. No deep end swimming.
 BBW - Shallow End Open (only two lap lanes will be available)

*schedule subject to change

Allegheny Valley YMCA
 5021 Freeport Rd
 Natrona Heights, PA 15065
 724-295-9400

*Pool will be closed for 15 minutes to allow for lifeguard break