Step I: Opening with safety as our utmost priority on June 8

Masks will be required for entrance into the facilities and in all common areas. Masks are encouraged to be worn in workout areas. Masks are not recommended while doing intense cardio and should not be worn while swimming.

Temperature checks will take place at the door or at check-in. Only members and staff with temperatures below 100.4 will be permitted to stay in the building.

No-contact check-in will be conducted at our welcome centers. Members will be asked to scan their own membership card or verbally communicate their information to our welcome center staff.

At first visit only, members will be required to sign a new waiver and member safety agreement.

Members will be asked to sanitize their hands before entering our workout areas.

Only Valley Points Family YMCA members will be permitted in our facilities during Step 1. No day passes or class passes will be sold. No membership trials will be offered. No Nationwide members from other facilities will be admitted.

Members will be asked to enter and exit through separate doors. Proper signage will be visible to direct members and reduce opposing traffic throughout the buildings.

6 ft. social distancing MUST be adhered to in all areas of the buildings.

General locker rooms will be available for restroom and changing purposes only. Showers will not be available at this time. Adult locker rooms will be closed until further notice. This includes saunas and steam rooms.

Cardio, strength and pool areas will have restrictions on the number of people allowed in that space at one time. Appointments can be made 24 hours in advance at vpfymca.org (click Register Online), by calling one of our branches during hours of operation or by stopping at the welcome center during your visit on the prior day. Appointments for Mondays will be given 48 hours advance due to facilities being closed on Sundays.

Appointments will account for one person per lane during lap swim and two people per lane (opposite ends of the pool) during open swim.

Hours of operation will be modified at all three branches to the following hours:

- Monday-Thursday: 6am-9pm
- Friday: 6am-8pm
- Saturday: 7am-4pm
- Sunday: CLOSED

Cardio and strength appointments between the hours of 1-3 PM, Monday through Friday, will be reserved for ages 65+ and high-risk individuals only.

All members will be asked to wipe equipment both before and after use. Y staff will also be cleaning and sanitizing equipment and high touch areas between appointments. Deeper cleans will be conducted daily.

Some equipment may be moved or unavailable during this time to provide for social distancing.

Virtual group exercise class offerings will be expanded through a private Facebook group for members only. To join the group, visit Facebook.com/VPFYMCA and request access to “Valley Points Family YMCA Virtual Group Ex” under GROUPS. Our class schedule can be found under “Y Programs” at vpfymca.org. Classes can be viewed live at their scheduled time or any day/time thereafter.

In-person, outdoor Saturday classes will be for both adults and children. Social distancing must be adhered to during these classes.

No activities such as pick-up basketball, floor hockey, pickleball or volleyball will be available during Step 1 due to social distancing restrictions.

Water fountains will be marked out of order but bottle fillers will still be available.

*These safety measures could lessen at any time based on guideline recommendation changes.

Step 2: Continuing safety measures while bringing back our community feel (Hopeful date of July 1)

New group exercise schedule will combine virtual and in-person class offerings. Indoor in-person classes may require a reservation. Social distancing will be required and may limit number of participants.

Active Older Adult outdoor “Social Distancing Socials” will be scheduled.

Virtual or in-person programs will be announced, such as book club, Living Well, nutrition classes, etc.

Outdoor childcare will be available (weather permitting) for children ages 3-12 at select branches.

Step 3: A final step in the right direction! (TBD)

Resume indoor childcare for all ages.

Resume youth sport programs.

Resume swimming lessons and water classes.

Resume pick-up sports such as pickleball, basketball, volleyball and floor hockey.